

Our Ref: FOI ID 39868

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NHS South Sefton CCG

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Re: Freedom of Information Request

Please find below the response to your recent Freedom of Information request regarding psychological therapy services within NHS South Sefton CCG.

Request/Response:

Please provide answers to the questions below, for the **previous five financial years** (2012-13, 2013-14, 2014-15, 2015-16 and 2016-17) and your agreed budget for **financial year 2017-18**. The following questions all relate to services for **adults (aged 18-65)** - this **excludes** CAMHS (Child & Adolescent Mental Health Services), CYP IAPT (Children & Young People's Improving Access to Psychological Therapies) and Early Intervention Services (EIS).

1. What was the total amount of money spent (£) on **all psychological therapies** (any type, across primary, secondary care and tertiary care) by your CCG?

[NHS South Sefton CCG did not become a statutory body until 1 April 2013.](#)

| Service Line | 2013/14 Contract £ | 2014/15 Contract £ | 2015/16 Contract £ | 2016/17 Contract £ | 2017/18 Contract £ |
|-------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Early Intervention | 2,303,563 | 2,335,607 | 2,297,151 | 2,036,325 | 2,038,348 |
| Other Psychological Therapies | 789,918 | 778,069 | 768,577 | 777,031 | 777,808 |

2. What was the total amount of money spent (£) on **IAPT** (Improving Access to Psychological Therapies) services by your CCG?

| Service Line | 2013/14 Contract £ | 2014/15 Contract £ | 2015/16 Contract £ | 2016/17 Contract £ | 2017/18 Contract £ |
|-----------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| All Psychological Therapies | 3,093,481 | 3,113,676 | 3,065,728 | 2,813,356 | 2,816,156 |

3. How much of this total spend on IAPT was made up of central-government funding earmarked for IAPT? Please answer as an amount of money (£).

Nil

4. Does your CCG commission primary care psychological therapies other than IAPT? If so, what was spent (£) on these? Please specify.

| | Swan Womens Centre £ | SWACA £ |
|-------|-------------------------|------------|
| 13/14 | 40448.7 | 34561.21 |
| 14/15 | 50336 | 32798 |
| 15/16 | 50336 | 32798 |
| 16/17 | 50336 | 32798 |
| 17/18 | 44033 | 28533.96 |

5. What was the total amount of money spent (£) on all **secondary care** (non-IAPT) psychological therapies by your CCG?

NHS South Sefton CCG does not hold this information, you may wish to redirect your query to the provider

Mersey Care NHS Trust
freedomofinformation@merseycare.nhs.uk

6. Please provide a breakdown of the type of **secondary care** (non-IAPT) psychological therapy (e.g. cognitive behavioural therapy, dialectical behavioural therapy, family therapy, dynamic psychotherapy etc) and the amount of money spent (£) on each type of therapy by your CCG.

NHS South Sefton CCG does not hold this information, you may wish to redirect your query to the provider

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freedomofinformation@merseycare.nhs.uk

7. Does your CCG commission any other **more specialised** (e.g. tertiary care) psychological therapies? If so, what was spent (£) on these? Please specify.

No