

Personal Health Budget Support Service (PHBSS)

The CCG has commissioned a support service to help you throughout the process. The PHBSS offer advice, advocacy and a payroll service. You won't be charged for this support.

For further information,
get in contact with the team:

ADVICE

0151 288 6110/6111

SEFTON ADVOCACY

01704 500 500

Or via email at

PHB@sefton.gov.uk

The PHBSS is a FREE SERVICE

based at

Sefton Carers Centre

In partnership with

Sefton Advocacy

27-37 South Road • Waterloo

Merseyside • L22 5PE



carerstrust

**Sefton
Carers Centre**
action • help • advice

If you would like this information in another
format or language please call 0151 288 6060
or email phb@sefton.gov.uk

Sefton Carers Centre is a registered charity in England and Wales No. 1050808.
Registered as a company limited by guarantee in England No.312443
Registered Office: 27 - 37 South Road, Waterloo, L22 5PE. 0151 288 6060
Website: www.sefton-carers.org.uk Email: help@carers.sefton.gov.uk



South Sefton Clinical Commissioning Group
Southport and Formby Clinical Commissioning Group

Personal Health Budgets in Sefton



What is a Personal Health Budget?

A Personal Health Budget (PHB) is an amount of money to support your identified healthcare and wellbeing needs, planned and agreed between you or your representative, and your local NHS team. PHB's give you more choice and control over how money is spent through a care and support plan. The plan sets out the health outcomes you want to achieve, the amount of money in the budget and how you are going to spend it. You will be able to use your budget in a variety of ways to help you meet your needs.

Who can have a PHB?

Adults who are eligible for NHS Continuing Healthcare (CHC) and children in receipt of continuing care have the 'right to have' a PHB. Your continuing healthcare funding and care package will remain in place if you choose not to have a PHB, it is completely your choice. From December 2019 people eligible for aftercare services under section 117 of the Mental Health Act will also have the right to have a PHB.

For more information about who is eligible for CHC funding please visit www.gov.uk/government/publications/nhs-continuing-healthcare-checklist

What can it be spent on?

A Personal Health Budget can potentially be spent on a broader range of care and support than would routinely be provided by the NHS - as long as it is agreed this is appropriate to meet your identified needs. This could include funding for a Personal Assistant, care agency and specialised equipment. Basic records are required and the PHB account will be audited.

What can't it be spent on?

A PHB cannot be used to pay for alcohol, tobacco, gambling, debt repayment or anything illegal. A PHB cannot be used to buy emergency care – for example if someone in receipt of a PHB had an accident, they would go to A&E. A PHB cannot buy primary care services such as seeing a doctor or buying medication.

Why use a PHB?

PHB's give people with long term health conditions and disabilities more choice, flexibility and control over the money spent on meeting their health and wellbeing needs. PHB holders have said that their quality of life has improved when they have the opportunity to manage their own budget.

Will it affect benefit payments?

A PHB is not a welfare benefit and is not part of the benefits system. This means that a PHB is not taken into account when calculating benefit entitlements.

What is a CCG?

Clinical Commissioning Groups (CCG) are local NHS groups which buy healthcare services on people's behalf. The CCG are responsible for deciding if you are eligible for a PHB. Your health professional such as your GP or Care Manager can refer your case to the CCG to make a decision.